

Physical constraints during Snowball Earth drive the evolution of multicellularity

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Abstract—Molecular and fossil evidence suggest that complex eukaryotic multicellularity evolved during the late Neoproterozoic era, coincident with Snowball Earth glaciations, where ice sheets covered most of the globe. During this period, environmental conditions—such as sea water temperature and the availability of photosynthetically active light in the oceans—likely changed dramatically. Such changes would have had significant effects on both resource availability and optimal phenotypes. Here, we construct and apply mechanistic models to explore (i) how environmental changes during Snowball Earth and biophysical constraints generated selective pressures and (ii) how these pressures may have had differential effects on organisms with different forms of biological organization. By testing a series of alternate—and commonly debated—hypotheses, we demonstrate how multicellularity was likely acquired differently in eukaryotes and prokaryotes due to selective differences in the biophysical and metabolic regimes they experience: decreasing temperatures and resource-availability instigated by the onset of glaciations generated selective pressures towards smaller sizes in organisms in a diffusive regime and towards larger sizes in motile heterotrophs. These results suggest that changing environmental conditions during Snowball Earth glaciations gave multicellular eukaryotes an evolutionary advantage, paving the way for the complex multicellular lineages that followed.

I. INTRODUCTION

A fundamental focus of biology is understanding the vast range of body sizes and the associated diversity in the number of levels of hierarchical organization [1, 2]. Each new level of organization is typically associated with a major event in evolutionary history that changed the state of the evolutionary game. By adding a new hierarchical level to the organization of organisms, these major transitions in individuality added new niches to the ecosystem (e.g., trophic) and introduced new phenotypes. Such transitions include the origin of cells, eukaryotes, multicellularity, and colonial and social organisms. The insight that these transitions share evolutionary processes involved in the emergence of a new level of organization has proven to be a powerful research program (see [1, 3–5] for comprehensive reviews of the topic).

However, it is challenging to understand certain transitions, such as multicellularity, because of the large number of independent origins, the fact that eukaryotes and prokaryotes both evolve multicellular forms, and the lack of substantial fossil and molecular evidence [6, 7]. The evolution of multicellularity stands as one of the most pivotal milestones in the history

of life on Earth as it revolutionized biological organization and paved the way for the diversity of macro-scale organisms we observe today. Its emergence allowed for specialized cells to cooperate, leading to the development of complex tissues, organs, and organ systems. This enhanced complexity further facilitated the evolution of complex organisms with more sophisticated behaviors enabling adaptation to a wide range of environments and the exploitation of new ecological niches and new biological scales. Multicellularity laid the foundation for the diverse and interconnected web of life that shapes our planet’s ecosystems today.

Fossil and molecular evidence indicate that complex multicellularity originated and proliferated during the Neoproterozoic era (1,000 to 541 Ma) [8, 9]. Previous work commonly proposed that this evolution was connected to an increase in oxygen levels that removed a physical constraint on size. However, recent work suggests that sponges, a likely morphology for the last common metazoan ancestor, can survive oxygen levels as low as those present during the Neoproterozoic era [10], suggesting that low oxygen levels may not have been a physical constraint preventing the emergence of multicellular eukaryotes. Furthermore, other work suggests that the evolution of more complex eukaryotes including multicellular organisms could have led to ocean oxygenation [11] (as opposed to the other way around), and we know that multicellular eukaryotes can cope with low oxygen given that it is likely that the sea floor was anoxic when the first undisputed metazoan fossils appear in deep water [12–14]. If the appearance of multicellularity was not caused by changing oxygen levels, an alternative mechanism for why multicellular eukaryotes emerged during this period is needed.

Extreme glaciations during the Cryogenian period (~ 720 – 635 Ma), a phenomenon commonly referred to as Snowball Earth, led to a radical transformation of the Earth’s climate and oceans [15]. Across two major glaciations, lasting almost 50 million years, glaciers appear to have reached the equator, although there is still debate over the extent of coverage [16, 17]. The global glaciations resulted in the widespread freezing of the planet’s surface, severely restricting the availability of light and nutrients to depths below. Prior to Snowball Earth, simulations suggest the ocean was relatively warm, with surface water temperatures reaching 30 °C at the equator [18]. However, depending on the severity of glaciations,

temperatures likely dropped to between $-4\text{ }^{\circ}\text{C}$ and $4\text{ }^{\circ}\text{C}$ [17, 19]. Given that such extreme conditions persisted for many tens of millions of years, it is important to understand how these conditions would have affected the ability of single-celled organisms to survive and reproduce. Notably, fossil evidence does not indicate any significant extinctions [20, 21]. One potential means of success in these conditions may have been found in the formation of cooperative groups of cells in some lineages, which then could have lead to the emergence of multicellular life.

Recent work [22] suggests that the long-term loss of low-viscosity environments, instigated by decreasing ocean temperatures during the Cryogenian, generated selective pressures towards multicellularity in eukaryotes. This work suggests that adaptation to environmental conditions led to larger sizes and speeds only accessible through multicellularity to exploit limited resources and satisfy metabolic needs during Snowball Earth's high-viscosity regimes. Following the cessation of glaciation and the return of low-viscosity environments these newly evolved multicellular taxa remained and proliferated.

Beyond the viscosity shifts associated with the much lower temperatures of Snowball Earth there are many other physical, physiological, and ecological changes expected during this interval (e.g., [17, 23–25]). For example, the accumulation of significant sea ice likely decreased light flux to the ocean and decreased the terrestrial nutrient run-off [16, 17]. Ecological and biogeochemical features associated with sinking, remineralization, predation, and the size distribution of organisms are all also expected to shift in this new environment.

For an organism to survive it must be able to access enough nutrients to satisfy metabolic demands. Several factors can be altered and integrated to allow an organism to increase nutrient capture, including metabolic rate, motility, and size. Given the existence of numerous optima, the specific combination of changes to metabolic rate, motility, and size is less important than the first-order need to acquire nutrients.

Because of the multiple contemporaneous origins of eukaryotic multicellularity an environmental driver is likely. However, an environmental driver can't be universal because only a few of the many co-occurring eukaryotic lineages evolved multicellularity, such that the driver must also sort between adaptive strategies. An answer may be found if there are competing biophysical aspects that share a common cause. Cold conditions during Snowball Earth may provide such a cause, with effects on viscosity, diffusivity, and metabolic rates that lead to complex tradeoffs.

This paper presents analyses of mechanistic models for exploring interactions between the environmental changes associated with Snowball Earth, physical constraints on biological processes, and differential selective pressures between single-celled and simple multicellular organisms. First, we describe a global productivity model that suggests Snowball Earth's changes in temperature and light availability generated a significant decrease in primary production. Second, based on this insight, we compare two models that describe how organisms with different biological organizations - a non-motile unicellular organism relying on diffusion, Fig. 1a, and a simple motile multicellular organism - are affected by the

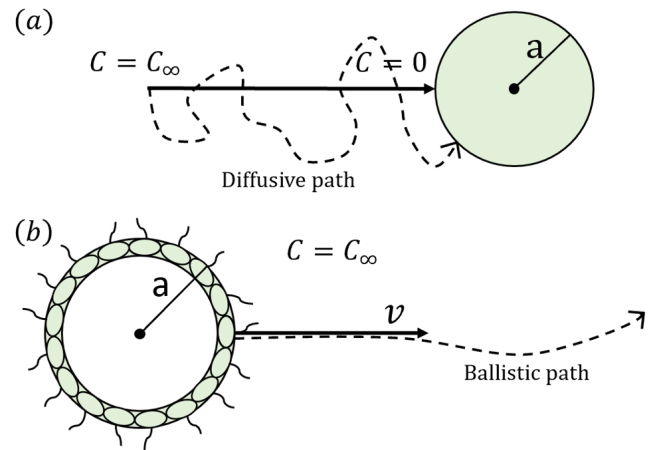


Fig. 1. (a) Diagram of the non-motile diffusive cell. The spherical cell takes in all nutrients at the cell's surface ($C = 0$), causing chemical resources (e.g. glucose) to diffuse toward the cell from far away ($C = C_{\infty}$). (b) Diagram of the motile choanoblastula. The organism is hollow with an outer radius a , and swims at a velocity v . The organism's motility means it travels ballistically relative to its prey. Resource concentration is assumed to be constant ($C = C_{\infty}$).

environmental changes predicted during Snowball Earth.

For our multicellular organism we model a hypothetical and idealized "choanoblastula" (Fig. 1b). The choanoblastula is heterotrophic, motile, and composed of a hollow-sphere of cells, such that it has similar morphology and physiology to the green algae genus *Volvox*, except that it does not photosynthesize. Something akin to this model organism may have existed during the Cryogenian, but would have been displaced by descendant lineages (e.g., metazoa).

Our results suggest differential responses to selective pressures: (i) for organisms operating in the diffusive regime, decreasing temperature and resource availability leads to a decrease in organismal size; and (ii) for motile heterotrophs with a simple multicellular morphology, environmental changes accompanying Snowball Earth selected for larger organisms.

II. METHODS

A. Global Productivity Model

To understand the impacts that Snowball Earth had on eukaryotes and early metazoa, it is crucial to understand how the environmental changes impacted the broader ecosystem. A simple method to estimate the magnitude of these changes is to calculate the net primary productivity (NPP) as a function of temperature and intensity of photosynthetically active radiation (PAR) [26]:

$$NPP = \frac{1}{V} \sum_{i=1}^{n_a} \epsilon P_i \quad (1)$$

where V is the volume of water, n_a is the number of autotrophic cells, ϵ is the efficiency of production of organic matter, and P_i is the productivity of each autotrophic cell. The productivity of each autotroph can be modeled as a function of its metabolic rate and PAR. The metabolic rate is modeled using the metabolic theory of ecology (MTE) [27], which

relates metabolism (B) to temperature (T) and organism mass (M_i):

$$B = b_0 e^{-\frac{E_a}{KT}} M_i^\alpha \quad (2)$$

where E_a is the average activation energy of metabolic reactions, b_0 is a constant, K is Boltzmann's constant, and α is a power-law scaling term. The scaling term α is normally assigned a value of $3/4$ for multicellular organisms, and 1 for single-celled eukaryotes [28, 29].

Productivity's dependence on light intensity (I) is given by a Monod equation [30], where K_I is the half-saturating term. Combining the dependence of productivity on metabolic rate and light intensity results in the following expression [26]:

$$P_i = p_0 e^{-\frac{E_a}{KT}} \frac{I}{I + K_I} M_i^\alpha \quad (3)$$

where p_0 is a constant.

To model n_a , the steady-state biomass model in [31] is employed. Assuming constant cell size, this model calculates the supported biomass under given nutrient flux conditions, allowing us to solve for the population carrying capacity for a given set of environmental conditions.

B. Uptake-Metabolism Energy Balance

An energy balance was used to model the impact of changing temperature and resource concentration on organisms, where the rate of energetic resource uptake (U) must be greater than or equal to the rate of energy use in the organism's metabolism (B):

$$U \geq B \quad (4)$$

To understand how environmental changes altered optimal phenotypes, resource uptake and metabolism can be modeled as functions of temperature, resource concentration, and organismal traits (which are assumed to be generated from body size). Both rates depend on specific resource acquisition strategies and organism morphologies, two of which we explore here.

1) The Non-motile Diffusive Cell:

The modeled organism was inspired by smaller prokaryotes, with the following traits: single celled, non-motile, and reliant upon diffusion for uptake (Fig. 1a). Assuming that the cell takes up all resources at its surface, and that resource concentration approaches a constant (C_∞) far away from the cell, we can solve the diffusion equation to obtain an equation for resource concentration:

$$C = C_\infty \left(1 - \frac{a}{r}\right) \quad (5)$$

where a is the radius of the cell, and C is the nutrient concentration at some distance r from the cell's center. The cell's total resource influx can be determined by applying Fick's Law of Diffusion [32] to calculate flux density and integrating it across the cell's surface [33]:

$$U = 4\pi D a C_\infty \quad (6)$$

Here D is the diffusivity of the resource, which can be defined by the Stokes-Einstein equation [34]. Viscosity (η), can be modeled as a function of temperature using the Vogel-Fulcher-Tammann (VFT) equation [35]. Diffusivity is inversely proportional to this viscosity. By incorporating these physical models into the uptake model (Eq. 6) resource uptake for the diffusive cell is modeled as a function of temperature, resource concentration, and cell size:

$$U(T, C_\infty, a) = \frac{2}{3} \frac{KT}{\eta_0 R} e^{-\frac{A}{T-C}} a C_\infty \quad (7)$$

Equation 2 is used to model the metabolic rate of the diffusive cell [27]. Also, the conversion between volume and mass is approximated using a constant cell density. Using these definitions for resource uptake and metabolic rate in equation 4 and solving the inequality for organism radius (a) results in the model for the maximum diffusive cell size as a function of temperature and resource concentration:

$$a \leq \left(\frac{2}{3} \frac{K_B T}{\eta_0 r} e^{-\frac{A}{T-C}} C_\infty \frac{e^{-\frac{E_a(T-T_0)}{KT(T-T_0)}}}{B_0} \right)^{\frac{1}{3\alpha-1}} \quad (8)$$

2) The Motile Choanoblastula:

The choanoblastula employs a different uptake strategy, and its morphology leads to a different metabolic scaling. The resource uptake rate is based on ballistic velocity of the organism, and its metabolism is based on the metabolic theory of ecology and an additional motility cost.

Due to the relative difference in velocity that arises from the choanoblastula's motility, its uptake is ballistic rather than diffusive (Fig. 1) [36, 37]. In this case, the choanoblastula is colliding with its resource, causing resource uptake to scale with its cross-sectional area [38]:

$$U = \pi a^2 v C_\infty \quad (9)$$

where v is the velocity of the choanoblastula relative to the resource. The velocity scales with organism radius and the viscosity of the surrounding fluid [39]. This is summarized in the generalized model [22]:

$$v = \beta a^b \eta^{-m} \quad (10)$$

where β is a constant, and b and m are scaling coefficients. Estimates of b range from 0.5 to 1 [22, 36, 40], and estimates of m range from 0.4 to 4 depending on the species [22], with a value of 1 found for *Chlamydomonas* [41]. Using the VFT equation to define viscosity and equation (10) to define velocity in equation (9) results in a model for ballistically motile resource uptake as a function of temperature and organism radius.

Organismal metabolism was modeled by employing the MTE (Eq. 2) to model basal metabolism with a motility cost. The basal metabolism scales with organismal mass, which is proportional to the number of cells in the organism. Due to its hollow-sphere morphology, the basal metabolic rate is proportional to organismal surface area:

$$B = B_0 e^{-\frac{E_a}{KT}} 4\pi R a^2 \quad (11)$$

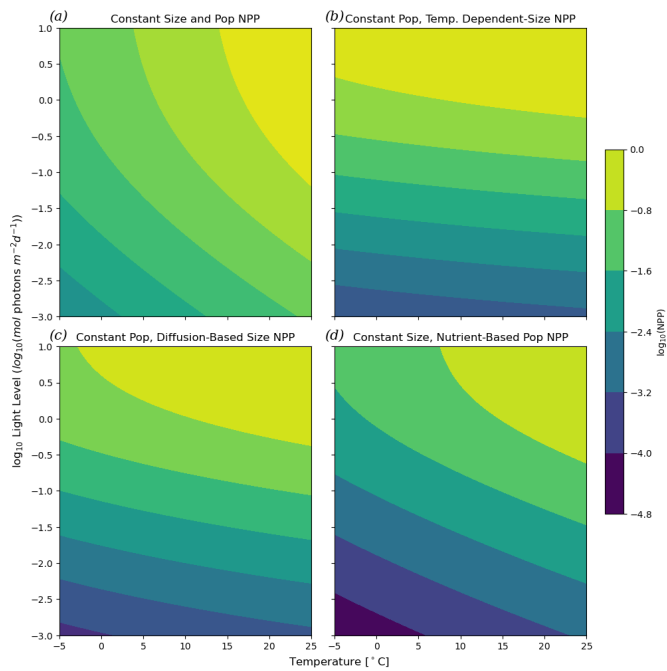


Fig. 2. Contour-plots showing the log base 10 of net primary productivity (NPP) as a function of temperature [$^{\circ}\text{C}$] (x-axis) and the relative log base 10 of photosynthetically-active light availability (y-axis). (a) Global NPP given a constant number of primary producers with constant mass. (b) Global NPP given constant number of primary producers, but their mass changes as a function of temperature based on the diffusion model (Eq. 8). (c) Global NPP given constant population size where the size of primary producers scales with the diffusion model (nutrient concentration is assumed to decrease with temperature, and is used to calculate producer size). (d) Global NPP where size is held constant, but population changes with temperature and limiting-nutrient concentration based on the Steady-State Biomass model in [31].

Assuming the organism exists at a Reynolds number less than 1 (i.e., where viscous forces of the fluid are dominant over inertial forces), the power it takes to maintain a velocity v through the fluid is given by Stokes' Law [42], which, along with a coefficient of efficiency (ϵ), acts as the motility cost.

$$W = 6\pi \frac{a\eta\rho}{\epsilon} v^2 \quad (12)$$

Incorporating each component of the model, the full energy balance becomes:

$$C_{\infty}\pi a^{2+b}\beta \left(\eta_0 e^{\frac{A}{T-C}}\right)^{-m} \geq 4B_0 e^{\frac{-E_a}{kT}} a^2 R + W \quad (13)$$

where W , the metabolic cost of motility, can be expanded using equations 10, 12 and the VFT equation to be a function of temperature and organism radius.

III. RESULTS

A. Global Productivity Model

Four models of NPP were developed and analyzed under varying ecological and physiological responses to environmental changes (Fig. 2). Models were evaluated over the same range of temperature and PAR availability, but population size and producer size were either held constant or allowed to vary according to models.

Under the best case, where primary producer mass and population size each remain constant with decreasing temperature and light, reduced metabolic rates lead to a 2 order-of-magnitude decrease in NPP (Fig. 2a).

In reality, most primary producers rely on diffusion to obtain the inorganic nutrients needed for growth. The diffusion model (Eq. 8) can be employed to consider how the primary producer's size would have changed as temperature decreased. Assuming that both the concentration of inorganic nutrients and the number of primary producers are constant, introducing the temperature size dependence of the primary producers indicates that NPP would decrease by 2.5-3 orders-of-magnitude (Fig. 2b).

During the Cryogenian, environments capable of supporting life became more oligotrophic, reducing resource availability, and became eutrophic after melting [17, 43]. The impact of nutrient availability was incorporated into the NPP model by assuming that nutrient availability linearly decreases by half over the temperature interval. Nutrient availability could impact the size of primary producers (Fig. 2C) or the number of primary producers (Fig. 2D). Both cases lead to significant decreases in NPP, with an approximately 3.5 order-of-magnitude decrease for nutrient-limited cell size, and a 4.5 order-of-magnitude decrease for nutrient-limited population size.

Even when assuming resilient physiologies and ecosystems, decreased organic resource availability would have been a major environmental change for existing heterotrophic organisms.

B. The Diffusive Cell

The non-motile diffusive cell's (Eq. 8) dependence on temperature is two-fold: (i) the metabolic rate's dependence on temperature and (ii) the uptake rate's dependence on diffusivity and viscosity. The decrease in temperature that accompanied Snowball Earth caused an increase in viscosity accompanied by a decrease in diffusivity and nutrient uptake, but also led to a slower metabolic rate. Although uptake drops to less than half of its pre-Snowball Earth value, under an activation energy of 0.62 eV metabolic rate drops by nearly a factor of 10 (Fig. 6). The slow down in metabolic rate means that although the cell's uptake slows, it is able to grow in size as temperature decreases.

Based on the results from the NPP calculation, it is important to consider a decrease in organic resource concentration in addition to temperature decrease during Snowball Earth. For the non-motile organism relying on diffusion, it must shrink in size, reducing its radius a , to adapt to lower resource availability (Fig. 3). Under the best supported parameter values, the model predicts a cell radius of approximately 10 μm prior to Snowball Earth and a radius of approximately 300 nm during Snowball Earth. Importantly, we show that cell size changes are greatly impacted by the assumed value of average metabolic activation energy E_a . This value influences how metabolism scales with temperature, impacting the relative change between uptake and metabolic rate (Fig. 6b). For all values of E_a , there is a decrease in cell size as resource availability drops, but varying values of E_a can

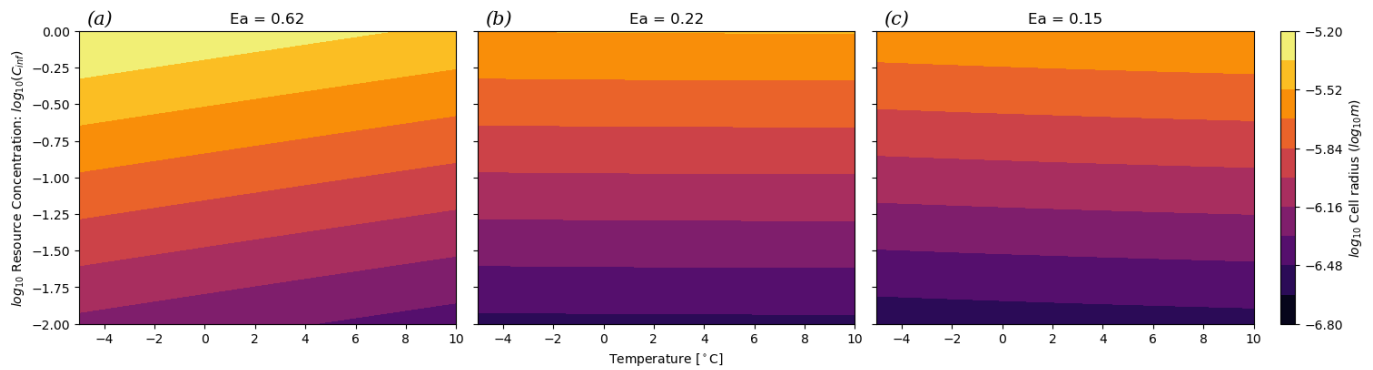


Fig. 3. Contour-plot of the log of radius [$\log_{10}(\text{m})$] of the diffusive cell as a function of temperature [$^{\circ}\text{C}$] (x-axis) and relative resource concentration (y-axis). Each subplot shows the results under a different activation energy (E_a).

338 change the temperature dependence of diffusive cell size (Fig.
 339 7). While the average metabolic activation energy determines
 340 the response to temperature, all diffusive organisms, regardless
 341 of E_a , must have decreased in size to survive the Cryogenian
 342 period due to the decrease in resource availability.

343 C. The Motile Choanoblastula

344 The choanoblastula's motility introduces an additional temper-
 345 ature dependence to the energy balance due to the cost
 346 of motility's dependence on viscosity (η) of water. However,
 347 the motility cost is relatively small compared to the basal
 348 metabolic cost and uptake rate, and therefore has a negligible
 349 effect (Fig. 5). Resource uptake scales with organism radius
 350 (a^{1+2b} , where $0.5 \leq b \leq 1$) more quickly than the metabolic
 351 rate, which scales with a^2 due to cells only existing on the
 352 sphere's surface. Because resource uptake scales at a higher
 353 rate, there exists a critical size where for smaller radii the
 354 metabolic rate is greater than the uptake rate, and for larger
 355 radii the uptake rate is greater than the metabolic rate (Fig. 5).
 356 This critical radius defines the minimum size of the organism
 357 for the given temperature and resource concentration, and is
 358 the solution to the energy balance in equation (13).

359 The critical radius increases with decreasing nutrient con-
 360 centration, suggesting organisms using this strategy would
 361 have increased in size in response to the environmental
 362 changes during Snowball Earth (Fig. 4). Under the best
 363 estimates for parameter values, the choanoblastula goes from
 364 a minimum radius of approximately $50 \mu\text{m}$ prior to Snowball
 365 Earth to a minimum radius of approximately 10 mm during
 366 Snowball Earth. Like the diffusive model, the activation energy
 367 E_a impacts the relationship between temperature and organism
 368 size. While an activation energy of 0.62 eV results in size
 369 decreasing with decreasing temperature, an activation energy
 370 below 0.22 eV inverts the relationship (Fig. 7). Regardless
 371 of average activation energy, the choanoblastula would have
 372 increased in size during Snowball Earth due to the drop in
 373 resource availability.

374 IV. DISCUSSION

375 A. Ecological Changes During Snowball Earth

376 Changes in temperature, inorganic nutrient concentrations,
 377 and light availability had major impacts on the existing

378 organisms and broader ecosystem. The exponential dependence
 379 of metabolic rate on temperature caused the primary
 380 producer metabolic rates to decrease with temperature, slowing
 381 productivity. This decrease is further exacerbated by the
 382 physiological and ecological impacts caused by the physical
 383 changes accompanying the onset of Snowball Earth glaciations
 384 including reduced light under sea ice, higher viscosity, and
 385 lower diffusivity. Under the most conservative assumption that
 386 primary producer size and population did not change, NPP
 387 would still decrease by at least two orders-of-magnitude (Fig.
 388 2a). When the impacts of both nutrient concentration and
 389 temperature are considered, that decrease varies between 2.5-
 390 4.5 orders of magnitude (Figs. 2b-d).

391 A reduction in NPP of this magnitude would pose a
 392 significant hurdle for heterotrophs, leading to an increase
 393 in competition for the remaining resources. This increase in
 394 competition was a significant evolutionary driver, which may
 395 help to explain why multiple multicellular lineages appeared in
 396 this time frame. The diverging response of the two modeled or-
 397 ganisms show two possible evolutionary paths. Heterotrophic
 398 eukaryotes in the Cryogenian were forced to either get smaller
 399 and compete with prokaryotes better suited to the diffusive
 400 regime, or become larger, more complex, and multicellular.
 401 These observed alternative strategies help explain why some,
 402 but not all, eukaryotes evolved multicellularity during this
 403 time.

404 B. Morphological Differences Lead to Different Adaptive 405 Strategies

406 A key difference between the two presented morphological
 407 models is the scaling between organism size and uptake that
 408 originates from two mechanistically different uptake strategies.
 409 In the diffusive model, uptake scales with organismal radius
 410 due to the physics of diffusion constraining its rate (Eq. 6).
 411 By becoming motile and entering the ballistic regime, the
 412 choanoblastula uptake rate scales with its cross-sectional area
 413 (Eq. 9) and its velocity (Eq. 10), which in-turn scales with
 414 organism size. This difference means that an increase in size
 415 leads to a large increase in uptake for the choanoblastula
 416 compared to the diffusive cell.

417 Bacterial multicellularity is common and diverse with quo-
 418 rum sensing, metabolic division of labor, large size, and

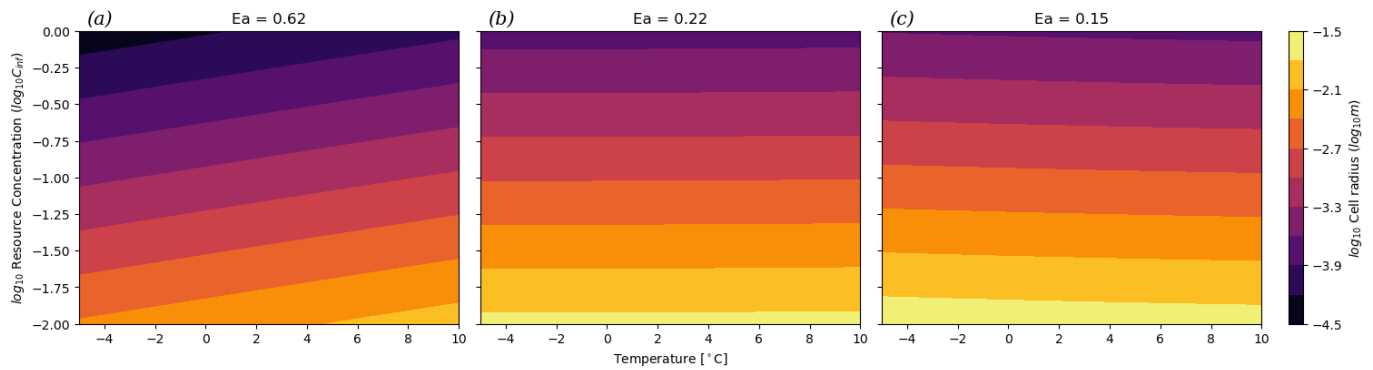


Fig. 4. Contour-plot of the log of radius [$\log_{10}(m)$] of the choanoblastula as a function of temperature [$^{\circ}C$] (x-axis) and relative resource concentration (y-axis). Each subplot shows the results under a different activation energy (E_a). Plots are for $b = 1$.

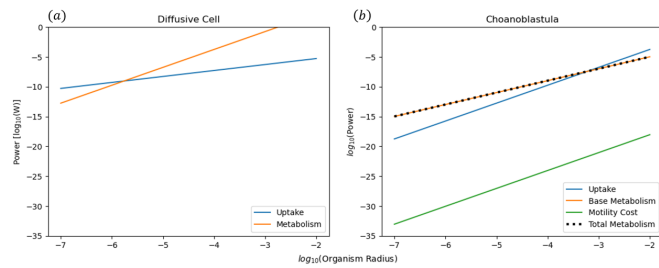


Fig. 5. Energetic costs and nutrient uptake as a function of organism radius for the (a) diffusive cell and (b) the choanoblastula models (based on a temperature of $0^{\circ}C$ and nutrient concentration $C_{\infty} = 0.1$).

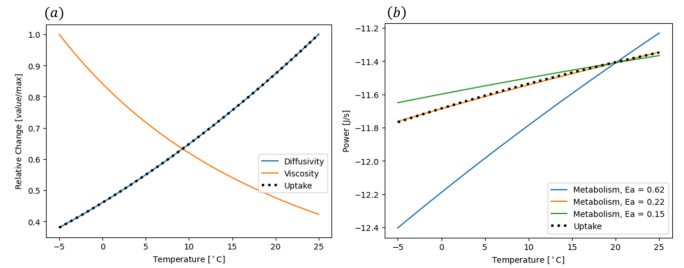


Fig. 6. (a) Relative changes [$value/max$] in viscosity, diffusivity, and uptake rate for the diffusive cell as functions of temperature [$^{\circ}C$]. (b) Value of uptake rate and metabolic rate [$\log_{10}(W)$] of the diffusive cell as functions of temperature [$^{\circ}C$]. Metabolic rate is plotted for 3 different E_a values.

419 spatial structure [44–48]. In particular stromatolites have a
 420 deep geological history, potentially extending back to the first
 421 fossil evidence of life [49, 50]. As all bacteria are obligatory
 422 diffusion specialists, life within a stromatolite is subject to
 423 the same physical processes we model for a solitary diffusive
 424 cell [51, 52]. Therefore we can make a first order prediction
 425 that the effects of Snowball Earth conditions on stromatolites
 426 should match the predictions for solitary diffusive cells. This
 427 may provide an additional prediction for the decline in stromatolite
 428 abundance and size in the late Neoproterozoic prior to the origin
 429 and diversification of grazing and bioturbating bilaterian animals [53, 54].

431 At the size of eukaryotic cells and simple metazoa, the
 432 cost of motility becomes vanishingly small, and provides an
 433 enormous benefit for maintaining a larger size by increasing
 434 resource uptake (Fig. 5b). However, becoming motile is
 435 not enough to offset lower resource availability. The hollow
 436 morphology is essential, as it reduces the mass-scaling of
 437 metabolic cost of the organism by reducing metabolically
 438 active volume while maintaining effective surface area for
 439 nutrient uptake. This change in scaling is ubiquitous among
 440 complex multicellular organisms, as seen in the infamous two-
 441 thirds and three-quarter power laws [27].

442 Together, these adaptations invert the relationship between
 443 nutrient uptake and metabolic rate as a function of organism
 444 size. For the diffusive cell, metabolic rate increases faster
 445 than uptake, constraining the maximum cell size (Fig. 5a).
 446 The opposite is true for the choanoblastula, in which faster

uptake means that the energy balance defines a minimum size,
 allowing it to grow larger until other constraints are reached
 (Fig. 5b)[39].

C. Adaptation of Activation Energy

450
 451 Activation energy (E_a) is the amount of energy required to
 452 reach a transition state and the source of this energy required to
 453 drive reactions is typically heat energy from the surroundings.
 454 These results show that organismal size responses to changes
 455 in temperature are highly sensitive to activation energy (Figs.
 456 3 and 4). Activation energies vary significantly across life
 457 on Earth [55], although much research assumes an average
 458 value (0.62 eV, [56]); assuming this value in our models
 459 (and thus constraining the relationship between metabolic
 460 rate and resource uptake to a specific regime) suggests that
 461 diffusive cells must get larger at lower temperatures and the
 462 choanoblastula organisms must get smaller (Fig. 7).

463 However, given the range of measured activation energies,
 464 and the fact that unicellular organisms commonly display
 465 lower average energies [55], it is necessary to consider dif-
 466 ferential relationships between metabolic rate and nutrient
 467 uptake. The metabolic activation energy emerges from the av-
 468 erage activation energies of the underlying enzyme-catalyzed
 469 reactions that fuel the organism’s metabolism. Over the 50
 470 million-year glacial period, it is possible that organisms were
 471 selected to have lower activation energies in order to maintain
 472 their metabolisms at lower temperatures. At an activation

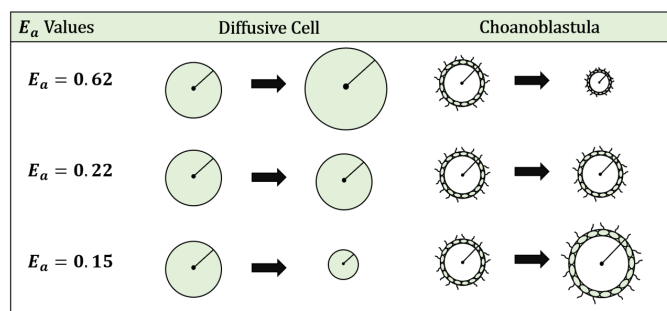


Fig. 7. Summary of organism size dependence on temperature for the diffusive cell and the choanoblastula with differing E_a values under constant resource concentration.

473 energy of 0.22 eV, the body size for both morphological
 474 models no longer varies with temperature, and the body size-
 475 temperature relationship becomes inverted for both models
 476 when the activation energy is less than 0.22 eV. These in-
 477 versions coincide with the difference in slopes of metabolism
 478 under each activation energy relative to the nutrient uptake rate
 479 (Fig. 6). Determining the adaptability of metabolic activation
 480 energy would be an important step to understanding possible
 481 evolutionary trajectories in changing climates.

482 D. Pre- and Post-Snowball Dynamics

483 The paths taken through temperature-resource concentration
 484 space during the onset and termination of the Cryogenian
 485 glacial periods are important to consider in order to under-
 486 stand the evolutionary trajectories of the existing organisms.
 487 Given that primary production decreases due to decreasing
 488 temperature and PAR availability, it is likely that tempera-
 489 ture decreased faster than resource availability during glacial
 490 onset. This trajectory causes diffusive cells to initially grow,
 491 reaching their maximum predicted size ($\sim 10^{-5.2}$) while the
 492 choanoblastula reach their minimum ($\sim 10^{-4.5}$) (Fig. 8 arrow
 493 1). This places the two modeled organisms in a remarkably
 494 similar size range, with radii less than an order of magnitude
 495 apart, and at around $10 \mu\text{m}$, approximately the size of a
 496 modern *Chlamydomonas* [57] or *Salpingoeca* cell [58].
 497 Then, as resource concentrations begin to drop, the organisms'
 498 evolutionary pathways diverge as the diffusive cell is forced
 499 to shrink and the choanoblastula grows (Fig. 8 arrow 2).

500 Following Snowball Earth glaciations, temperature and re-
 501 source availability increased. Like the onset, it is likely that
 502 temperature rebounded before resource concentrations rose. As
 503 temperature increased and NPP rates had not yet recovered,
 504 choanoblastula would continue to get larger, reaching the
 505 maximum predicted size, as the diffusive cell reaches its
 506 minimum (Fig. 8 arrow 3). As resource concentrations rise,
 507 the model predicts that the choanoblastula would shrink and
 508 the diffusive cell would grow (Fig. 8 arrow 4). However
 509 this larger size, accompanied by a now increasing amount
 510 of resources and faster metabolic rates could allow for new
 511 ecological strategies such as predation to develop, allowing the
 512 organism to maintain its size as resource availability continues
 513 to increase.

514 These new ecological selective pressures help to explain the
 515 rapid proliferation of macroscopic fossils and early metazoan
 516 lineages that appear shortly after the end of the glaciations in
 517 the Ediacaran.

518 V. CONCLUSIONS

519 The only proposed hypothesis for why eukaryotic lineages
 520 more readily evolve complex multicellularity is that mito-
 521 chondria endow eukaryotes with more energetic power which
 522 leads to more genes, and consequently more complexity [59].
 523 Given that eukaryotes likely evolved nearly 2 billion years
 524 ago [60] and maintained a thriving ecosystem [61], why
 525 did it then take over 1 billion years for Eukarya to evolve
 526 complex multicellularity? This significant lag between the gain
 527 of mitochondria and the evolution of complex multicellularity
 528 is not well explained by Lane's hypothesis. The results above
 529 provide an alternative hypothesis that not only explains the
 530 timing of the origins of multicellularity but also why bacteria
 531 and eukaryotes have such different styles of multicellularity.

532 Our finding that the metabolic scaling and mechanism of
 533 resource acquisition structures the adaptive strategies that
 534 emerge during cold, highly viscous, and low nutrient condi-
 535 tions that occur during global glaciations provides a possible
 536 mechanism for why bacteria and eukaryotes differ in the nature
 537 of their multicellularity. The Cryogenian glaciations therefore
 538 provided an opportunity for multicellular eukaryotes to have
 539 a selective advantage that bacteria do not share. The need
 540 for an environmental trigger helps explain the 1 billion year
 541 lag between eukaryogenesis and the appearance of complex
 542 multicellular organisms.

543 The Snowball Earth glaciations may be necessary to pro-
 544 vide an opportunity for multicellular eukaryotes to have an
 545 adaptive advantage, but they may not be fully sufficient.
 546 The eukaryotic-style "always on" gene regulation [62] likely
 547 is needed to evolve the more developmentally structured
 548 phenotypes needed for multicellularity. Maintaining consistent
 549 morphology when reproducing is essential for optimization of
 550 size-metabolism scaling and size in response to environmental
 551 conditions.

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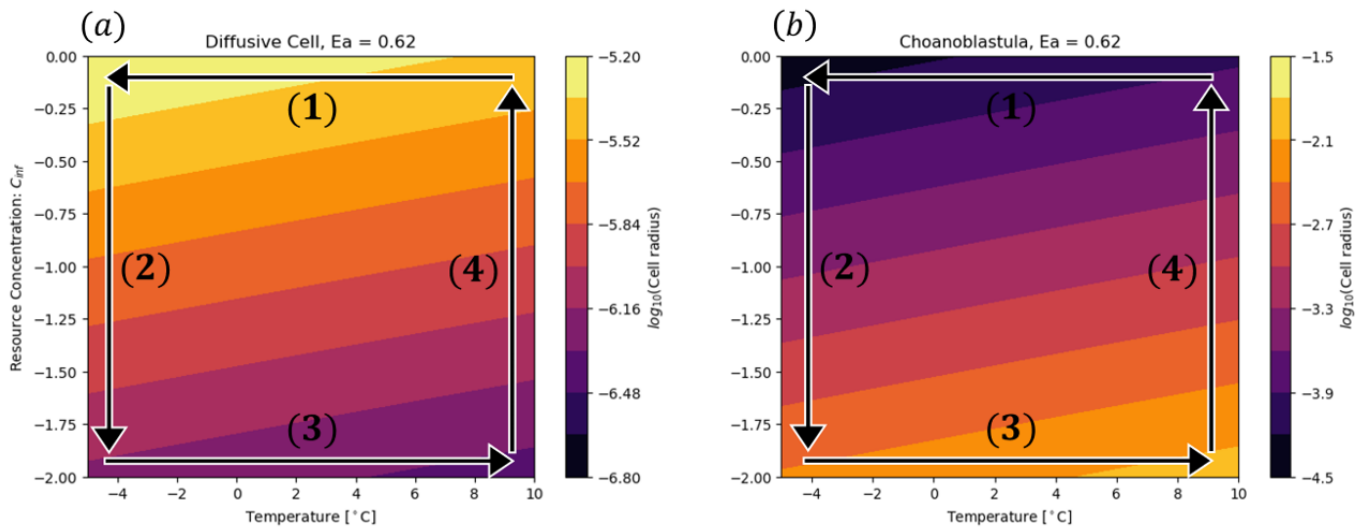


Fig. 8. $\log_{10}(\text{radius})$ of (a) the diffusive cell and (b) the choanoblastula, shown as contour plots as functions of temperature and resource concentration. Labeled arrows represent possible trajectories in temperature-resource concentration space for the onset (arrows 1 and 2) and termination (3 and 4) of Snowball Earth.

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